



<http://gafarmtoschool.org>

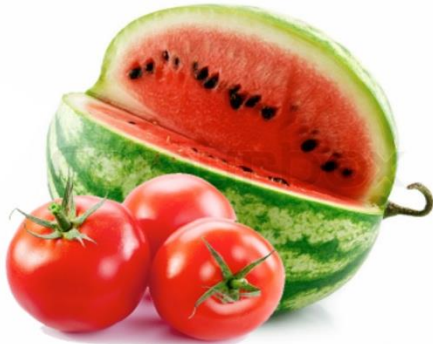
# Georgia School Nutrition

*Shake it Up!*

## 2018-2019 Calendar

### JULY

Tomatoes/Watermelon



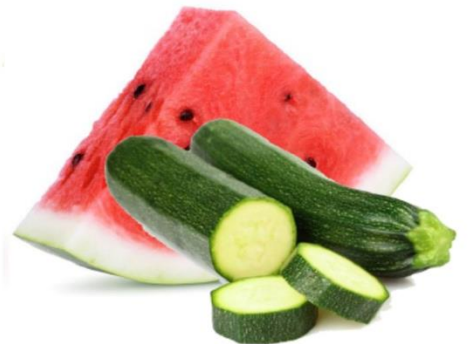
### AUGUST

Peaches/Vidalia Onions



### SEPTEMBER

Watermelon/Zucchini



### OCTOBER

Apples/Butternut Squash/Cabbage



### NOVEMBER

Citrus/Sweet Potatoes



### DECEMBER

Apples/Kale



### JANUARY

Broccoli/Strawberries



### FEBRUARY

Carrots/Cauliflower



### MARCH

Bibb Lettuce/Corn/Green Beans



### APRIL

Mushrooms/Strawberries



### MAY

Blueberries/Cucumber/Vidalia Onion



### JUNE

Blackberries/Peppers



*The Harvest of the Month program promotes different produce items each month. Enjoy the taste and nutritional value of seasonal produce, learn about agriculture, and support local farmers.*

GEORGIA DEPARTMENT OF EDUCATION SCHOOL NUTRITION PROGRAM 2018

